

<b>HOURS OF OPERATION:</b> <b>Monday/Wednesday: 7AM-12PM &amp; 4PM-7PM</b> <b>Tuesday/Thursday/Friday: 7AM-12PM &amp; 4PM-7:30PM</b> <b>Saturday/Sunday: 9AM-3:30PM</b>								
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<b>7:00 AM</b>	Lap Swim & Individual Exercise 7AM-9AM	Lap Swim & Individual Exercise 7AM-9AM	Lap Swim & Individual Exercise 7AM-9AM	Lap Swim & Individual Exercise 7AM-9AM	Lap Swim & Individual Exercise 7AM-9AM	<b>CLOSED</b>	<b>CLOSED</b>	
<b>8:00 AM</b>								
<b>9:00 AM</b>	Water Fitness (Lap lanes available) 9AM-10AM	Lap Swim & Tot Zone 9AM-12PM Water Fitness 9AM-10AM	Water Fitness (Lap lanes available) 9AM-10AM	Lap Swim & Tot Zone 9AM-12PM Water Fitness 9AM-10AM	Water Fitness (Lap lanes available) 9AM-10AM	Lap Swim & Individual Exercise 9AM-11AM	Lap Swim & Tot Zone 9AM – 1PM	
<b>10:00 AM</b>	Lap Swim & Tot Zone 10AM-12PM		Lap Swim & Tot Zone 10AM-12PM		Lap Swim & Tot Zone 10AM-12PM			Lap Swim & Tot Zone 10AM-12PM
<b>11:00 AM</b>								
<b>12:00 PM</b>	<b>CLOSED</b> 12PM-4PM	<b>CLOSED</b> 12PM-4PM	<b>CLOSED</b> 12PM-4PM	<b>CLOSED</b> 12PM-4PM	<b>CLOSED</b> 12PM-4PM	Swim Lessons 11AM-1PM	Rec Swim 1PM-3:30PM	
<b>1:00 PM</b>								
<b>2:00 PM</b>								
<b>3:00 PM</b>								
<b>4:00 PM</b>	Swim Lessons 4PM-6PM	Lap Swim & Family Zone 4PM-5:30PM	Swim Lessons 4PM-6PM	Rec Swim 4PM-5:30PM	Lap Swim & Family Zone 4PM-5:30PM	<b>CLOSED</b>	<b>CLOSED</b>	
<b>5:00 PM</b>		Swim Lessons 5:30PM-7:30PM						Water Fitness 6PM-7PM
<b>6:00 PM</b>								
<b>7:00 PM</b>								
<b>7:30 PM</b>	<b>CLOSED</b>		<b>CLOSED</b>					

**AGE POLICIES:** All children nine (9) and under need an adult (18+) in the facility; children six (6) and under **MUST** always have an adult (18+) in the water within arm's reach. An adult (18+) can **ONLY** monitor 2 children 6 and under at one time, any other children under 6 require an additional adult (18+).

**SWIM TEST POLICY:** All patrons aged 7-17 are required to take a swim test to swim in the deep end (>5ft). Patrons must be able to swim the width of the pool down and back, demonstrating crawl stroke with both arms clearly able to exit the water. Patrons must be able to tread water for 15 seconds. ***\*Doggy paddle and underwater swimming are not permitted.***

**Green band:** Patrons who pass the swim test will receive a green band, allowing them to swim in the deep end (>5ft) and utilize the slide and diving board. ***\*Patrons under the age of 7 are not eligible for a green band.***

**Red Band:** Patrons who are 6 years old and under and their adult (18+) will receive a red band that is to be always worn during the swim. Those wearing red bands are required to stay within arm's reach of one another.

**\*Lifeguards have the authority to not issue green bands or confiscate green bands if a patron's swimming ability is a safety hazard.**

**Recreational (Rec) Swim:** The pool is open to all ages. All pool attractions (spray features, water slide, diving board, and vortex) are available to use. Patrons 7-17 years of age are required to swim test to swim in the deep end (>5ft). The pool is cleared 5 minutes prior to closing time. The locker rooms close 15 minutes after the end of the swim session.

**Lap Swim:** 4 lanes are available for use. Patrons are required to share/split lanes. Lanes with 3 or more patrons must use the circle swimming technique. Patrons aged 7-17 must take a swim test to swim in the lap lanes. Noodles, dumbbells, kickboards, and pull buoys are available for use.

**Individual Exercise:** Self-led fitness for adults (18+) in the open areas of the pool. Noodles, dumbbells, kickboards, and pull buoys are available for use.

**Tot Zone:** Adults (18+) and children aged 6 months-5 yrs can swim and play in the shallow end. Toys are provided and spray features are on. An adult (18+) is required to always be in the water.

**Family Zone:** Families can swim and play in the shallow end. Toys are provided and spray features are on. An adult (18+) is required to always be in the water.

**Water Fitness:** Adults (18+) can participate in class, led by an instructor. No prior sign up is required. Instructors lead patrons through workouts that are meant to improve mobility, build strength, and strengthen endurance. ***\*Please notify an instructor of any mobility issues or accommodations needed\****

**Locker Rooms:** The locker room closes 15 minutes after the pool has closed. All patrons will be given a 5-minute warning. ECC is not responsible for lost or stolen items, it is recommended to keep valuables in a locker with a lock. Locks are not provided.

**Hot Tub:** Only adults (18+) are permitted in the hot tub. It is recommended to limit time in the hot tub to 15 minutes, as per the Health Department.